

National Karate

952

Might for Right!

Director: Jim Albertson

Instructors: Jim Boley
Mimi Dietz

Apple Valley

952-431-3130
Effective: April 2011

Little Masters (7 & Under)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
No/White Belt	5:30		5:00			10:30
Gold/Adv Stripes	5:00		6:00		(See Sparring Below)	11:00

Youth Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
No/White Belt	5:30		5:00			10:30
Gold Belt	6:00		5:30		5-10 Yrs Youth	11:30
Green Belt	6:00		5:30		Sparring	11:30
Purple/Blue Belt		5:00		5:30	5:00	12:00
Red Belt		5:30		5:00		12:30
Brown Belt		5:30		5:00	11-15 Yrs Teen	12:30
1 & 2 Black Stripe		6:00		6:00	Sparring	1:00
Black Belt		6:00		6:00	5:30	1:00

*Youth Sparring 1st Tuesday of the month

Teen & Adult Schedule

Day Classes	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
No/White	12:00		12:00			
Gold/Advanced Belt	11:15		11:15			

Evening Classes	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday (am)
No/White Belt	6:30		7:15			
Gold/Green Belt	6:30		6:30			9:45
Purple/Blue Belt	6:30		6:30	6:45		9:45
Red Belt	6:30	6:45		6:45		9:45
Brown/1st Blk Stripe	6:30	6:45		6:45		9:45
2nd Black Strp/Black	6:30	6:45		6:45		9:45
	Teen & Adult Sparring 7:15	*Kickboxing All Levels 7:30				*Kickboxing All Levels 9:00

For more information, go to www.nationalkarate.com