

National Karate

Director: Ms. Chrissy Halonen

Effective 09/06/11

Sartell
Might for Right!

Contact Info:
320-202-7830
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234 Pinecone Rd
Sartell, MN 56377

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tiny Tots	5:00		4:30			10:00
	Children Ages 5-7					
White		5:15		6:15		10:30
Gold Stripe		5:45		5:45		11:00
Green Stripe	5:30*		5:00		5:00	
Purple & Up	5:30*		5:00		5:00	

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
No / White Belt	6:00			6:45		8:45
Gold Belt	6:30			4:30		8:45
Green Belt	4:30 & 7:00*					5:30
Purple Belt	7:00*	6:15		5:00		5:30
Blue Belt	7:00*	6:15		5:00		5:30
Red Belt	7:00*	6:15		5:00		5:30
Brown Belt	7:00*	6:15		5:00		5:30
Blk Str/Dbl Blk	7:00*	6:15		5:00		5:30
Black Belt	7:00*		6:00			

Family Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Family Class			5:30			
	Adult Day Classes					
Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White/Gold						
Green & Up						

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
No / White Belt		7:00		7:15		9:15
Gold Belt	7:45*	7:00		7:15	6:00	9:15
Green Belt	7:45*	7:00		7:15	6:00	9:15
Purple Belt	7:45*	7:00		7:15	6:00	9:15
Blue Belt	7:45*	7:00		7:15	6:00	
Red Belt	7:45*	7:00		7:15	6:00	
Brown Belt	7:45*	7:00		7:15	6:00	
Blk Str/Dbl Blk	7:45*	7:00		7:15	6:00	
Black Belt	7:45*	7:00	6:00	7:15	6:00	
Kickboxing						

*Sparring

**Kickboxing

Private Lessons Available by Appointment