

National Karate

Might for Right!

Director: Jim Albertson
 Instructors: Jim Boley, Mimi LaQua
 Ashley Ripley, Cory Tengwall

APPLE VALLEY
952-431-3130
 15265 Galaxie Ave. #300

Updated: March 2019

Little Masters (7 & Under)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
No/White/1 Gold Stp.	5:30		5:00		Little Masters Sparring 5:00	10:30
2 Gold/Adv. Stps.	5:00		5:30			11:00

Youth Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
No/White Belt	5:30		5:00			10:30
Gold Belt	6:00		6:00			11:30
Green Belt	6:30		6:30		Youth Beg. Sparring 5:00	11:30
Purple Belt	6:30		6:30			11:30
Blue Belt		5:00 *		5:30	Youth Inter. Sparring 5:30	12:00
Red Belt		5:00 *		5:30		12:00
Brown Belt		5:30 *		5:00		12:30
1 Black Stripe		5:30 *		5:00	Youth/Teen Advanced Sparring 6:00	12:30
2 Black Stripes		6:00 *		6:00		1:00
Black Belt		6:00 *		6:00		1:00

*Youth Sparring 1st Tuesday of the month

Teen & Adult Schedule

Day Classes	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
No/White	12:00		12:00			
Gold/Advanced Belt	11:15		11:15			

Evening Classes	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday (am)
No/White Belt	7:00		7:00			
Gold/Green Belt	7:00		7:00			9:45
Purple/Blue Belt	7:00		7:00	6:45		9:45
Red Belt		6:45		6:45		9:45
Brown/1st Blk Stripe		6:45		6:45		9:45
2nd Black Stp/Black		6:45		6:45		9:45
	Teen & Adult Sparring 7:45	*Kickboxing All Levels 7:30				*Kickboxing All Levels 9 am

For more information, go to www.nationalkarate.com