

NATIONAL KARATE

Director: Mr. Shonal Gangopadhyay

Instructor: Mr. Joe Huber

MIGHT FOR RIGHT!

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Children Ages 4-6

Effective 11/12/2018

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White Belt	4:45		5:15	5:30		9:00
1 & 2 Gold stripes	4:45		5:15	5:30		9:00
1 & 2 Green stripes	5:15		4:45		5:30*	9:00
Purple Stripe and Up	5:15		4:45		5:30*	9:00

Youth Ages 7-12

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White Belt		4:45		5:00	6:00	9:30
Gold Belt		4:45		5:00	6:00	9:30
Green Stripe		4:45		5:00	6:00	9:30
Green Belt		5:15	5:45*	6:00		10:40*
Purple Stripe		5:15	5:45*	6:00		10:40*
Purple Belt		5:15	5:45*	6:00		10:40*
Blue Stripe		5:45	5:45*	4:30		10:40*
Blue Belt		5:45	5:45*	4:30		10:40*
Red Stripe		5:45	5:45*	4:30		11:20*
Red Belt	5:45		6:25		4:45*	11:20*
Brown Stripe	5:45		6:25		4:45*	11:20*
Brown Belt	6:25		7:00		4:45*	11:20*
Blk Str/Dbl Blk	6:25		7:00		4:45*	11:20*
Red - Dbl Black						12:30

Day Classes

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adult		11:00			12:00	

Adult Evening Classes

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White Belt	7:05				6:30	12:00
Gold Belt	7:05				6:30	12:00
Green Stripe	7:05				6:30	12:00
Green Belt		7:45	7:35*	6:40		10:00*
Purple Stripe		7:45	7:35*	6:40		10:00*
Purple Belt		7:45	7:35*	6:40		10:00*
Blue Stripe		7:45	7:35*	6:40		10:00*
Blue Belt		7:45	7:35*	6:40		10:00*
Red Stripe		7:45	7:35*	6:40		10:00*
Red Belt		7:45	7:35*	6:40		10:00*
Brown Stripe		7:45	7:35*	6:40		10:00*
Brown Belt		7:45	7:35*	6:40		10:00*
Blk Str/Dbl Blk		7:45	7:35*	6:40		10:00*
Black Belt		6:25	7:35*	7:20		10:00*
2nd dg & higher		7:05	7:35*	7:20		10:00*
Krav Maga	7:45**					1:00**

SPARRING* // KRAV MAGA**