

National Karate

Director/Head Instructor Mr. Tom Sexton
Instructor, Ms. Brianna Stouder

Might for Right!

1340 Crystal Lane Chaska,
MN 55318 952-448-
7977 nationalkarate.com

Effective Feb 16th 2020

Children's Class

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White Belt (intro) 4-6	5:00		5:00			
1 & 2 Gold Stripes	5:00		5:00			9:45
Green Stripes & Higher	5:00		5:00			9:45
Red Stripes & Higher	5:00		5:00			9:45

Youth Ages 7-12

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White Belt (intro) 7-12	5:30		5:30			10:15
Gold/Green Stripe	5:30		5:30			10:15
Green Belt	5:30		5:30			10:15
Purple Stripe	5:30		5:30			10:15
Purple Belt		5:00		5:00		10:15
Blue Stripe		5:00		5:00		10:15
Blue Belt		5:00		5:00		10:15
Red Stripe		5:00		5:00		10:15
Red Belt		5:00		5:00		10:15
Brown Stripe		5:00		5:00		10:15
Brown Belt/Black Str		5:30		5:00		11:45
Double Black Stripe		5:30		5:00		11:45
Black Belt		5:30		5:45		11:45
		All Youth Sparring 6:15				11:00 All Youth Sparring

Adult Classes

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White Belt	6:15		6:00			9:00
Gold Belt	6:15		6:00			9:00
Green Stripe	6:15		6:00			9:00
Green Belt/Purple Str	6:15		6:00			9:00
PurpleBelt/Blue Str	6:15		6:00			9:00
Blue Belt	6:15		6:00			9:00
Red Belt	6:15			6:30		9:00
Brown Belt	6:15			6:30		9:00
Brown 1 Blk Stripe	6:15			6:30		9:00
Brown 2 Blk Stripe	6:15			6:30		9:00
Black Belts	6:15			6:30		9:00
Krav Maga			6:45	7:15PM*		
Teen/Adult Sparring		7:00				
Kickboxing	7:00			7:15PM**		

*1st&3rd Thur

**2nd & 4th Thur