



National Karate Might for Right!



Senior Director: Mr. William Hill

Instructors: Ms. Delaney Brown, Ms. Kristina O'Reskie

Mr. Steve Hastings, Ms. Stephanie DeLoach

www.nationalkarate.com

edenprairie@nationalkarate.com

952-941-3533

8423 Joiner Way

PLEASE CONTACT SCHOOL FOR ACCESS TO ONLINE CLASSES

Children Ages 4-6

Eden Prairie, MN 55344

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White Belt	4:30		6:00	5:15		10:00
Gold Stripe	4:30		6:00	5:15		10:00
Green Stripe & Up	4:30		6:00	5:15		10:00



Youth Ages 7-12

Sparring*/Screening

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White Belt		5:15		4:30	4:30	10:45
Gold Belt		5:15		4:30	4:30	10:45
Green Stripe		5:15		4:30	4:30	10:45
Green Belt	6:00	4:30	5:15			11:30
Purple Stripe	6:00	4:30	5:15			11:30
Purple Belt	6:00	4:30	5:15			11:30
Blue Stripe	6:00		5:15	6:45		11:30
Blue Belt	6:00		5:15	6:45		11:30
Red Stripe	6:00		5:15	6:45		11:30
Red Belt	6:45		4:30			12:15
Brown Stripe	6:45		4:30	6:00		12:15
Brown Belt	6:45		4:30	6:00		12:15
Blk Str/Dbk Blk	6:45		4:30	6:00		12:15
Black	6:45		4:30	6:00		12:15
TAL CLASS	5:15				5:15	12:15



DAY CLASSES

Sparring*

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White - Green Str			11:30		11:30	
Green Belts & Up			11:30		11:30	



ADULT CLASSES

Sparring*/Screening

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TAL CLASS	5:15					
White Belt	7:30	6:00			6:00	9:15
Gold Belt	7:30	6:00			6:00	9:15
Green Stripe	7:30	6:00			6:00	9:15
Green Belt	7:30		6:45		6:45	9:15
Purple Stripe	7:30		6:45		6:45	9:15
Purple Belt	7:30		6:45		6:45	9:15
Blue Stripe	7:30		6:45		6:45	9:15
Blue Belt	7:30		6:45		6:45	9:15
Red Stripe	7:30		6:45		6:45	9:15
Red Belt	7:30		6:45		6:45	9:15
Brown Stripe	7:30		6:45		6:45	9:15
Brown Belt	7:30		6:45		6:45	9:15
Black Stripe	7:30		6:45		6:45	9:15
Black	7:30	6:45	6:45	7:30		9:15



CLASS ID	Class ID	Class ID	Class ID	Class ID	Class ID	Class ID
793-3294-5277						
741-4521-7675						
797-0502-6968						
777-1391-1875						
786-6291-8703						