

NATIONAL KARATE

Director: Mr. Kelly Worley
 Head Instructor: Mr. Ben Osburn
 Instructors: Mr. Luke Van Horn
 Mr. Aayush Gupta
 Ms. Carly Herman
 Mr. T.J. Palli
 Mrs. Shar Kyes

MIGHT FOR RIGHT!

PLYMOUTH
 763-551-5905

Children Ages 4-6

Effective: 6/15/2020

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White	4:30 PM		5:15 PM		6:00 PM	9:30 AM
Gold Stripe(s)	4:30 PM		5:15 PM		6:00 PM	9:30 AM
Green Stripe(s)	4:30 PM		5:15 PM		6:00 PM	9:30 AM
Purple Str & Up	4:30 PM		5:15 PM		6:00 PM	9:30 AM

Youth Ages 7-12

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White Belt		4:30 PM		5:15 PM	5:15 PM	9:30 AM
Gold Belt		4:30 PM		5:15 PM	5:15 PM	9:30 AM
Green Belt		6:00 PM	*4:30 PM	6:00 PM		*10:15 AM*
Purple Belt		6:00 PM	*4:30 PM	6:00 PM		*10:15 AM*
Blue Stripe		5:15 PM	*4:30 PM	4:30 PM		*10:15 AM*
Blue Belt		5:15 PM	*4:30 PM	4:30 PM		*10:15 AM*
Red Belt	5:15 PM		*4:30 PM		*4:30 PM*	*10:15 AM*
Brown Belt	6:00 PM		*4:30 PM		*4:30 PM*	*10:15 AM*
Black 1st degree					*4:30 PM*	*10:15 AM*

Combo's/Spar Drills

Adult Evening Classes

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White Belt	6:45 PM	6:45 PM	*6:00 PM*	6:45 PM		
Gold Belt	6:45 PM	6:45 PM	*6:00 PM*	6:45 PM		
Green Belt	6:45 PM	6:45 PM	*6:00 PM*	6:45 PM		*11:00 AM*
Purple Belt	6:45 PM	6:45 PM	*6:00 PM*	6:45 PM		*11:00 AM*
Blue Belt	6:45 PM	6:45 PM	*6:00 PM*	6:45 PM		*11:00 AM*
Red Belt	6:45 PM	6:45 PM	*6:00 PM*	6:45 PM		*11:00 AM*
Brown Belt	6:45 PM	6:45 PM	*6:00 PM*	6:45 PM		*11:00 AM*
Blk Str/Dbk Blk	6:45 PM	6:45 PM	*6:00 PM*	6:45 PM		*11:00 AM*
1st Degree Blk	7:30 PM		*6:00 PM*	7:30 PM		*11:00 AM*
2nd degree & up	7:30 PM		*6:00 PM*	7:30 PM		*11:00 AM*

Combo's/Spar Drills

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