



Hopkins National Karate



Owner:

Mr. Jeff Sidner - 6th Degree Black Belt
 School Manager/Head Instructor:
 Mr. Barry Maxwell - 3rd Degree Black Belt
 Mr. Tim Fruth - 3rd Degree Black Belt
 Mr. Justin Wilson - 2nd Degree Black Belt
 Ms. Nicole Tursich - 2nd Degree Black Belt
 Mr. Matt Larson - 1st Degree Black Belt
 Office Manager: Ms. Tammy Goodwater

Might For Right!!!

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 Hopkins, MN 55343
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*** Effective
 Sept 8, 2020**

Children Ages 4-6

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White Belt	5:15		4:30		4:30	10:00
1 & 2 Gold Stripes	5:15		5:15		4:30	10:00
Green Stripes & Higher	4:30 **		5:15		4:30	10:00

*Sparring / Drills***

Youth Ages 7-11

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White Belt	6:00			5:15	5:15	10:45
Gold Belt	6:00			5:15	5:15	10:45
Gold/Green Belt	6:00			5:15	5:15	10:45
Green Belt		5:15	6:00	6:00		11:30 **
Green/Purple Belt		5:15	6:00	6:00		11:30 **
Purple Belt		5:15	6:00	6:00		11:30 **
Purple/Blue Belt	6:45		6:45		6:00	11:30 **
Blue Belt	6:45		6:45		6:00	11:30 **
Blue/Red Belt	6:45		6:45		6:00	11:30 **
Red Belt	7:30	6:00		6:45		11:30 **
Red/Brown Belt	7:30	6:00		6:45		11:30 **
Brown Belt	7:30	6:00		6:45		11:30 **
Brown/Single-Dbi Black Belts		6:45	7:30	7:30 Screen Prep		11:30 ** or 12:15
1st Degree Black Belt		7:30		8:15		11:30 ** or 12:15
2nd Degree & Higher Black Belt		8:15		8:15		11:30 ** or 12:15

*Sparring / Drills***

Adult Evening Classes

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White Belt	8:15		8:15		6:45	12:15 **
Gold Belt	8:15		8:15		6:45	12:15 **
Gold/Green Belt	8:15		8:15		6:45	12:15 **
Green Belt	8:15		8:15		6:45	12:15 **
Green/Purple Belt	8:15		8:15		6:45	12:15 **
Purple Belt	8:15		8:15		6:45	12:15 **
Purple/Blue Belt	8:15		8:15		6:45	12:15 **
Blue Belt	8:15		8:15		6:45	12:15 **
Blue/Red Belt	8:15		8:15		6:45	12:15 **
Red Belt		6:45	7:30		6:45	12:15 **
Red/Brown Belt		6:45	7:30		6:45	12:15 **
Brown Belt		6:45	7:30		6:45	12:15 **
Brown/Single-Dbi Black Belts		6:45	7:30	7:30 Screen Prep		12:15 **
1st Degree Black Belt		7:30		8:15		12:15 **
2nd Degree & Higher Black Belt		8:15		8:15		12:15 **

*Sparring / Drills***