National Karate Extor: Mr. James Halonen Sartell Contact Info: 320-202-7830 Director: Mr. James Halonen 320-202-7830

Might for Right!

stcloud@nationalkarate.com 234 Pinecone Rd

Santell MN 56377

										Sartell, MN 5637		
Belt Level	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
					Tiny To	ts A	lges 3-4					
Tiny Tots					4:30pm				5:00pm		10:00am	
					Childre	n A	ges 5-7					
No / White Belt			5:00pm				5:30pm				10:30am	
Gold Stripe			5:00pm				5:00pm				9:00am	
Green Stripe	5:00pm*				5:00pm						9:00am	
Purple & Up	5:00pm*				5:00pm						9:00am	
					Youth	Age	es 7-12					
Belt Level	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
No / White Belt			5:30pm				6:00pm				9:30am	
Gold Belt	5:30pm								5:30pm		9:30am	
Green Belt	6:00pm*				6:00pm				5:30pm		11:00am	
Purple Belt	6:00pm*		6:00pm						6:00pm		11:00am	
Blue Belt	6:00pm*		6:00pm						6:00pm		11:00am	
Red Belt	6:45pm		6:45pm				6:30pm*		6:30pm			
Brown Belt	6:45pm		6:45pm				6:30pm*		6:30pm			
Black Belt			7:30pmSD				6:30* - 8:00pm					
					Fam	ily C	Class					
Family Class					5:30pm							
					Day	Cla	sses					
Belt Level	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
White Belt - HS					11:00am							
Ages 13 and up					11:00am							
	Teen & Adult Evening Classes											
Belt Level	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
No / White Belt	7:30pm				6:30pm						11:45am	
Gold Belt	7:30pm		7:30pmSD		6:30pm		7:15pm*				11:45am	
Green Belt	7:30pm		7:30pmSD		6:30pm		7:15pm*				11:45am	
Purple Belt	7:30pm		7:30pmSD		6:30pm		7:15pm*				11:45am	
Blue Belt	7:30pm		7:30pmSD		6:30pm		7:15pm*					
Red Belt	7:30pm		7:30pmSD		7:15pm		7:15pm*					
Brown Belt	7:30pm		7:30pmSD		7:15pm		7:15pm*					
Black Belt			7:30pmSD		7:15pm		7:15* - 8:00pm					

SD SelfDefense * Sparring Private Lessons Available by Appointment

Effective 01-02-24

*HS-homeschool ages 7 and up