National Karate

Director: Ms. Christa Boone

Albertville Might for Right!

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Effective 01/02/24

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
	Tiny Tots Ages 3-4									
Tiny Tots	5:00pm		4:30pm			10:30am				
			Children	Ages 5-7						
No / White Belt		5:00pm		6:15pm		10:00am				
Gold Stripe		5:30pm		4:15pm		10:00am				
Green Stripe	4:30pm*		5:00pm		5:00pm					
Purple & Up	4:30pm*		5:00pm		5:00pm					
			Vouth A	7-12						

Belt Level	Youth Ages 7-12								
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
No / White Belt		6:00pm		6:45pm		9:30am			
Gold Belt	5:30pm			5:45pm	4:30pm	9:30am			
Green Belt	6:00pm*		6:00pm		4:30pm	9:00am			
Purple Belt	6:00pm*	6:30pm		5:15pm		9:00am			
Blue Belt	6:45pm*	6:30pm		4:45pm	5:30pm***				
Red Belt	6:45pm*		6:30pm		6:00pm	11:00am			
Brown Belt	6:45pm*		7:15pm		6:00pm	11:00am			
Blk Str/Dbl Blk	6:45pm*		7:15pm		6:45pm	11:00am			
Black Belt	6:45pm*	8:00pm		8:00pm	6:45pm				

Family Class

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Family Class			5:30pm			

Toon & Adult Evening Classes

	reen & Addit Evening Classes										
Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday					
No / White Belt		7:15pm		7:15pm		8:15am					
Gold Belt	7:30pm*	7:15pm		7:15pm	7:30pm**	8:15am					
Green Belt	7:30pm*	7:15pm		7:15pm	7:30pm**	8:15am					
Purple Belt	7:30pm*	7:15pm		7:15pm	7:30pm**	8:15am					
Blue Belt	7:30pm*	7:15pm		7:15pm	5:30***&7:30**	8:15am					
Red Belt	7:30pm*		6:30pm		6:00 & 7:30**	8:15am/11:00am					
Brown Belt	7:30pm*		7:15pm		6:00 & 7:30**	8:15am/11:00am					
Blk Str/Dbl Blk	7:30pm*		7:15pm		6:45 & 7:30**	8:15am/11:00am					
Black Belt	7:30pm*	8:00pm		8:00pm	6:45pm						

*Sparring

**18 and up, under black belt sparring

***Bo Skills

Private Lessons Available by Appointment