



Hopkins National Karate



Might For Right!!!

School Owners:
Jay & Darby Throne
Head Instructor:
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Assistant Instructor:
Naman Brahmhatt
Office Manager:
Tammy Goodwater

****Effective 11-01-2024**

Children Ages 4-6

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White Belt	5:00-5:30		5:00-5:30			9:45-10:15
Gold Stripe(s)	5:00-5:30		5:00-5:30			9:45-10:15
Green Stripes & Up	5:30-6:00 *	5:00-5:30		5:00-5:30	5:00-5:30** (Instr approval required)	9:45-10:15

* Sparring

Youth Ages 7-11

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White Belt	6:00-6:30		5:30-6:00			10:15-10:45
Gold & Green Str Belt	6:00-6:30		5:30-6:00			10:15-10:45
Green & Purple Str Belt	6:30-7:00		6:00-6:30		5:00-5:30**	10:45-11:15
Purple & Blue Str Belt	6:30-7:00		6:00-6:30		5:00-5:30**	10:45-11:15
Blue & Red Str Belt	6:30-7:00		6:00-6:30		5:00-5:30**	10:45-11:15
Red & Brown Str Belt		5:30-6:15		5:30-6:15	5:30-6:15**	11:15-12:00
Brown & 1 Black Str Belt		5:30-6:15		5:30-6:15	5:30-6:15**	11:15-12:00
Double Black Stripes		5:30-6:15		5:30-6:15	5:30-6:15** 7:00-7:45*	11:15-12:00
Black Belts		6:15-7:00		6:15-7:00	6:15-7:00**	9:00-9:45 **

** Sparring
* Screening Prep

Teen & Adult Evening Classes

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White Belt	7:00-7:30	7:00-7:45 *	6:30-7:00	7:00-7:45 +		
Gold & Green Str Belt	7:00-7:30	7:00-7:45 *	6:30-7:00	7:00-7:45 +		
Green & Purple Str Belt	7:30-8:15	7:00-7:45 *	7:00-7:45	7:00-7:45 +	6:15-7:00**	9:00-9:45 **
Purple & Blue Str Belt	7:30-8:15	7:00-7:45 *	7:00-7:45	7:00-7:45 +	6:15-7:00**	9:00-9:45 **
Blue & Red Str Belt	7:30-8:15	7:00-7:45 *	7:00-7:45	7:00-7:45 +	6:15-7:00**	9:00-9:45 **
Red & Brown Str Belt	7:30-8:15	7:00-7:45 *	7:00-7:45	7:00-7:45 +	6:15-7:00**	9:00-9:45 **
Brown & 1 Black Str Belt	7:30-8:15	7:00-7:45 *	7:00-7:45	7:00-7:45 +	6:15-7:00**	9:00-9:45 **
Double Black Stripes	7:30-8:15	7:00-7:45 *	7:00-7:45	7:00-7:45 +	6:15-7:00** 7:00-7:45*	9:00-9:45 **
Black Belts		6:15-7:00 7:00-7:45 *		6:15-7:00 7:00-7:45 +	6:15-7:00**	9:00-9:45 **

** Sparring
* Screening Prep

Sparring **

7:00-7:45 *
Adult Only
(18+)
Curriculum

7:00-7:45 +
Teen Only
(12 - 18)
Curriculum