National Karate Contact Info: 320-202-7830

Director: Mr. James Halonen

Effective 09-02-25

Might for Right! stcloud@nationalkarate.com

234 Pinecone Rd Sartell, MN 56377

320-202-7830

Belt Level	Monday		Tuesday		Wednesday		Thursday		Friday	Saturday
					Tiny To	ots A	ges 3-4			
Tiny Tots					4:30pm				5:00pm	10:00am
					Childre	en Ag	ges 5-7			
No / White Belt			5:00pm				5:30pm			10:30am
Gold Stripe			5:00pm				5:00pm			9:00am
Green Stripe	5:00pm*				5:00pm					9:00am
Purple & Up	5:00pm*				5:00pm					9:00am
					Youth	Age	s 7-12			
Belt Level	Monday		Tuesday		Wednesday		Thursday		Friday	Saturday
No / White Belt			5:30pm		-		6:00pm		-	9:30am
Gold Belt	5:30pm		-						5:30pm	9:30am
Green Belt	6:00pm*				6:00pm				5:30pm	11:00am
Purple Belt	6:00pm*		6:00pm		-				6:00pm	11:00am
Blue Belt	6:00pm*		6:00pm						6:00pm #6:30	11:00am
Red Belt	6:45pm		6:45pm				6:30pm*		6:00pm #6:30	
Brown Belt	6:45pm		6:45pm				6:30pm*		#6:30	12:00pm
Black Belt	·		7:30pm				6:30* - 7:15pm			12:00pm
	<u> </u>		•		Fam	ily C				 •
Family Class					5:30pm					
				***************************************	Day	Clas	ses			
Belt Level	Monday		Tuesday		Wednesday		Thursday		Friday	Saturday
Youth 5 and up										
Ages 13 and up										
_				7	een & Adult	Eve	ning Classes	;		
Belt Level	Monday		Tuesday		Wednesday		Thursday		Friday	Saturday
No / White Belt	7:30pm				6:30pm					11:30am
Gold Belt	7:30pm	**************************************			6:30pm		8:00pm*			11:30am
Green Belt	7:30pm				6:30pm		8:00pm*			11:30am
Purple Belt	7:30pm				6:30pm		8:00pm*			11:30am
Blue Belt	7:30pm				6:30pm		8:00pm*			
Red Belt	7:30pm				7:15pm		8:00pm*			
Brown Belt	7:30pm				7:15pm		8:00pm*			12:00pm
Black Belt			7:30pm		7:15pm		7:15 - 8:00pm*			12:00pm
	* Sparring					#	# Bo Basics			

Private Lessons Available by Appointment